

Islamic food laws and regulations: sources, principles, lawful foods, unlawful foods.



Slide 1

Halal Food:

Halal means lawful or permitted (of an animal or its meat) slaughtered or prepared in manner prescribed by Islamic law

For example:

- Meat which is slaughtered in correct way
- Fresh or dried food
- Grains or legumes (wheat, pulses etc..)
- Food prepared by the people of the book (Jews, Christians) is permitted
- All sea animals are permitted



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Haram Foods:

The food which is forbidden according to Islamic laws is considered as Haram

For example

- ❑ Prohibition of intoxicants/drugs
- ❑ Prohibited drinks (alcohol etc..)
- ❑ Blood and blood byproducts
- ❑ Birds of prey or land animals without external ears (parrots, sparrows, meat of swine/pig)
- ❑ Food dedicated to other gods



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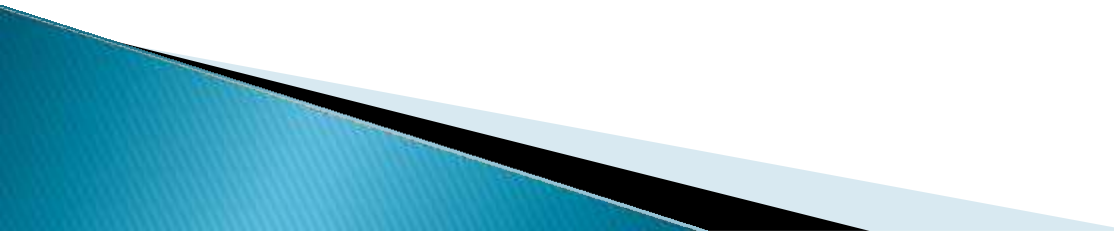
Increasing Demand of Halal



- Islam-Worlds largest religion
- Muslim population approximately 1.82 billion in 2009 and increasing
- Muslims are supposed to make efforts to obtain halal food as it is obligation to consume only halal food
- Non muslims consumers consider halal food as specially selected and high quality food

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Halal Market at a Glance:

- Muslim and Muslim dominated countries have high population growth rate
 - Global halal trade in the range of US\$580-600 Billion/year
 - Difficulty in choosing Halal items
 - Low supply of halal products
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حلال

Halal

Explanation Of Halal Foods:

- Arabic word meaning “lawful or permitted”
- Many things are clearly halal or haram some are not clear
- The things which are not clear as halal or haram are consider as ‘Mashbooh’

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Quranic verse on halal



therefore eat of what allah has given you, lawful and good (things), and give thanks for allah's favor if him do you serve

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Prophetic teachings related to halal :

In an incident narrated by Rafi' bin Khadij, the Prophet told Muslims who wanted to slaughter some animals using reeds, “Use whatever causes blood to flow, and eat the animals if the Name of Allah has been mentioned on slaughtering them...” (Bukhari).

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Mashbooh(not clear) :

- Foods containing ingredients such as
- Gelatin
- Enzymes
- Emulsifiers
- Flavors
- These food are questionable due to unknown origin



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Dhabiah (Laws)



- ❑ Islam has laws regarding which foods can and cannot be eaten and also on the proper method of slaughtering an animal for consumption
- ❑ For example
- ❑ Animal/bird must be permitted one
- ❑ Must be alive, healthy and conscious at the time of slaughter
- ❑ Blood should be allowed to flow freely etc...

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Exception :

- If there is no other food available then muslim is allowed to eat non-halal food
- Surah 2:173 states:
- If one is forced because there is no other choice, neither craving nor transgressing ,there is no sin on him

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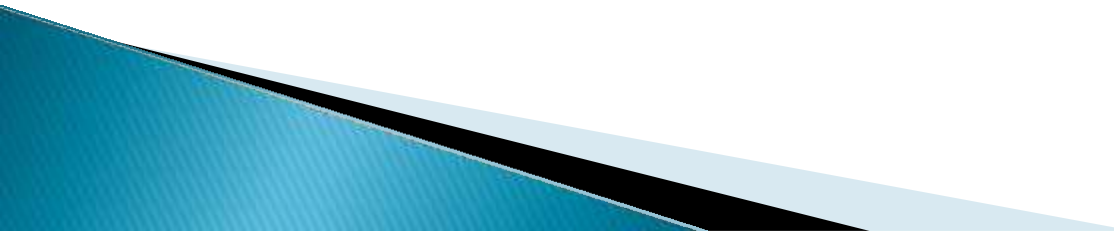
Scientific reason for consuming halal food/advantages:



- Anything allowed/forbid in islam has been scientifically proven correct and non-muslims also admit this fact.
- For example
- Consuming pork that contains parasites, harmful bacteria and excessive urea in its meant can be a great threat to human health...

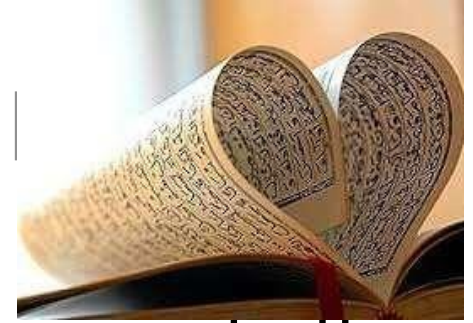
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Explanation on Haram Food:

- Haram is explicitly forbidden substances
 - For example
 - Pork
 - Blood
 - Carrion(carcasses of dead animals)
 - Food on which Allahs name is not pronounced
 - Alcohols and other intoxicants
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Quran teachings on Haram |

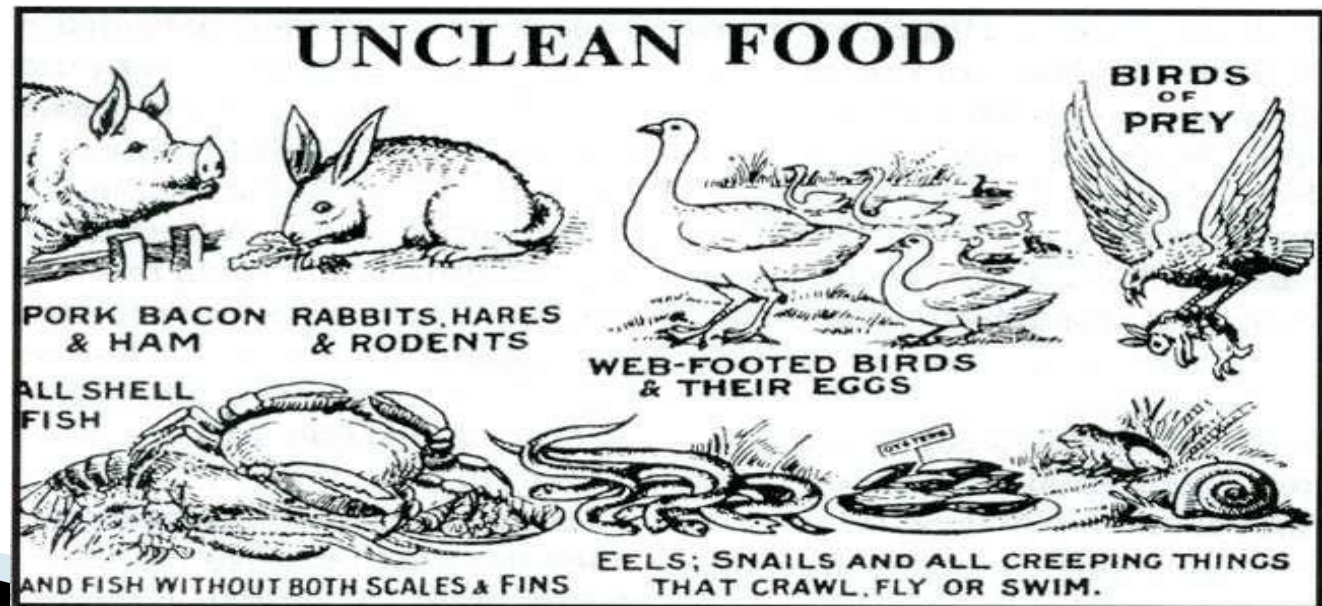


“And eat not of that whereon Allah's name hath not been mentioned, for lo! it is abomination. Lo! the devils do inspire their minions to dispute with you. But if ye obey them, ye will be in truth idolaters” (6:121).

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Hadith on Haram food:

- Narrated Abu Thalaba: Allah's Messenger forbade the eating of the meat of beasts having fangs (Bukhari).



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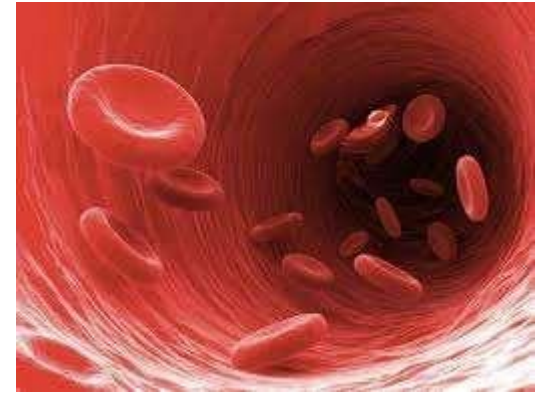
Why certain foods are prohibited in Islam?

- Here is the scientific reason why pork, alcohol , blood, dead etc are unpermi
- Pork (i.e flesh of pig):
- The medical science finds that there is a risk for various diseases as pig is found to be the host for many parasites and potential diseases.



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Why blood or blood by products are prohibited?



- Chemical analysis of blood shows that it contains an abundance of uric acid, a chemical substance injurious to health

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Why alcohol is not allowed?

- In Islam, alcoholic beverages or any in toxicant are generally forbidden because
- It not only turn people away from God and forget about prayer but also can be the cause of:
 - liver failure
 - Cardiovascular disease:
 - Cancer
 - Anemia etc....



ALCOHOL PROHIBITED



Thank You
Thank You
Thank You!!!!